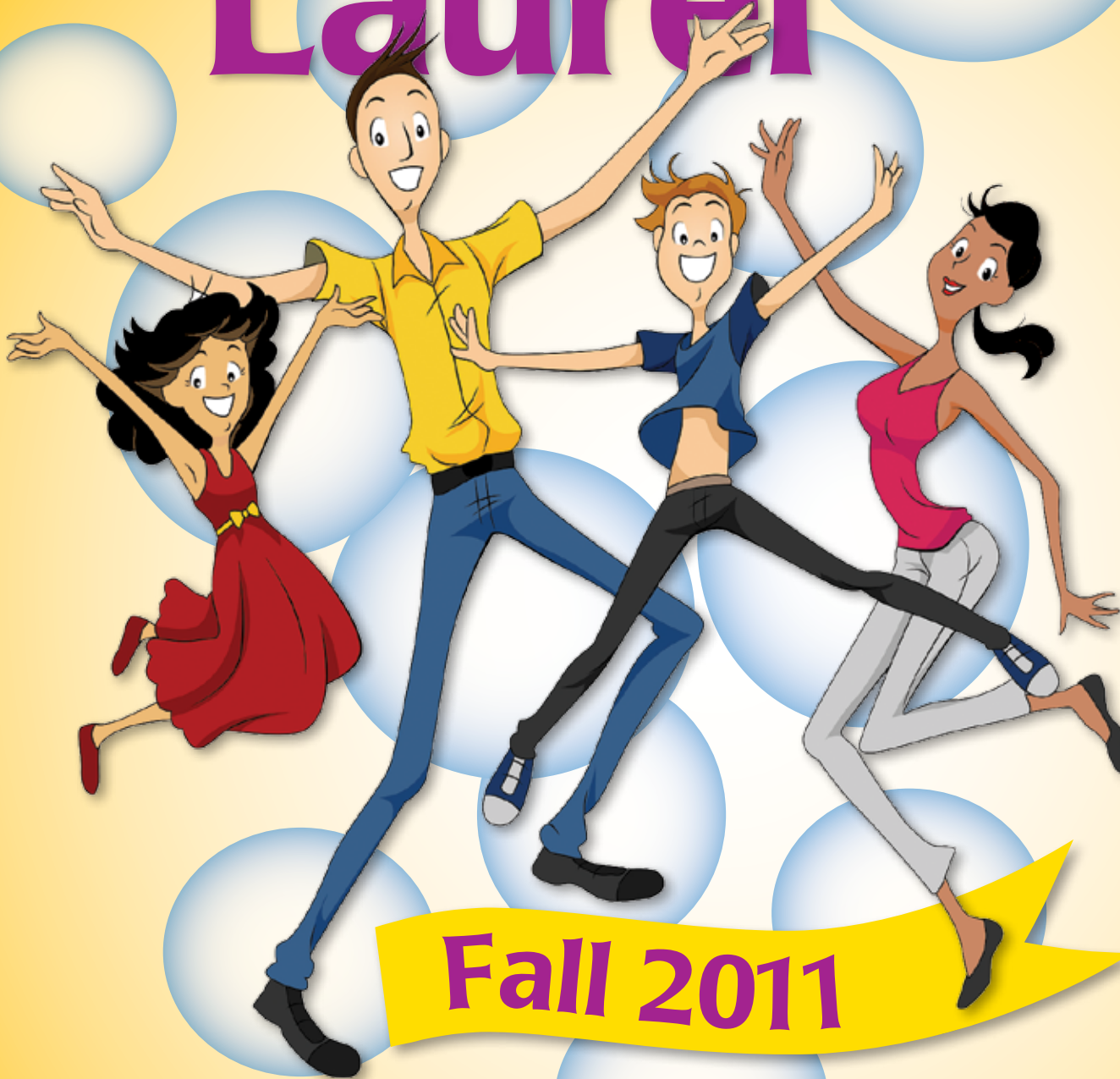


Recreation In Laurel



Fall 2011

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Special Events for the Whole Family



DOGGIE DIP DAY

Saturday, September 10

12:00 noon-3:00 p.m.

Laurel Municipal Pool

End the dog days of summer with a dip in our pool with your pooch. Owners must restrain their pets. Cost \$5.00 per dog, owners free. All dogs must have current vaccinations.

FREE CONCERT

Sunday, September 11

6:00-8:00 p.m.

McCullough Field Stage, 8th and Montgomery Streets

Tommy & The Bahamas

Not ready to give up the summer fun? Join Tommy & The Bahamas as they mix together Rock, Blues and Buffet for one last summer jam session.

FREE MOVIE

Friday, September 23 Dusk
McCullough Field Stage, 8th and Montgomery Streets

Despicable Me (PG)

In a happy suburban neighborhood surrounded by white picket fences with flowering rose bushes, sits a black house with a dead lawn. Unbeknownst to the neighbors, hidden beneath this home is a vast secret hideout. Surrounded by a small army of minions, we discover Gru, planning the biggest heist in the history of the world. He is going to steal the moon. (Yes, the moon!) Gru delights in all things wicked. Armed with his arsenal of shrink rays, freeze rays, and battle-ready vehicles for land and air, he vanquishes all who stand in his way. Until the day he encounters the immense will of three little orphaned girls who look at him and see something that no one else has ever seen: a potential Dad. The world's greatest villain has just met his greatest challenge: three little girls named Margo, Edith and Agnes.



3rd ANNUAL DOG SHOW

Sunday, September 25

Registration 11:30-12:00 Noon

Events will start at 12:00 Noon

McCullough Field, 8th and Montgomery Streets

Is your pup best in show? Join us this year to find out if your dog takes home the blue ribbon in one of the many fun events. \$2 entry fee per dog. Pre-registration is highly recommended. Payment is made the day of the event. All dogs must have current vaccinations.

HALLOWEEN SPOOKTACULAR

Saturday, October 29

2:00 p.m. SHARP

Robert J. DiPietro Community Center, 7901 Cypress Street

Entertainment, food, costume judging with prizes. Co-sponsored by the LAUREL LIONS. Come dressed to be judged.

HARVEST MOON HAYRIDE

Friday, November 4

6:00 p.m. - 9:00 p.m.

Riverfront Park, Avondale Street

Kids, teens and adults can enjoy a brisk autumn Hayride along the Patuxent River. Drinks, snacks and entertainment will be held around a roaring bonfire. Pre-registered groups of 10 or more are welcome at a discounted rate. Cost is \$3.50 per person, kids under 2 years old ride free. Ride originates at the former Police Dept. parking lot, C Street.



City of Laurel General Election

Tuesday, November 1, 2011

The City of Laurel will hold a General Election on Tuesday, November 1, 2011. The Mayor and five Council seats are up for election. The Mayor serves a four year term; the Council serves a two year term. There are specific requirements a candidate must meet in order to qualify to become a Candidate for Elected Office. Interested residents of the City of Laurel should contact the City of Laurel Board of Election Supervisors at 301-725-5300, Extension 2121 or visit the City's website at www.laurel.md.us.

The City of Laurel Board of Election Supervisors: Debra Boone, Chairperson; John Kish, Chief Judge; William Wellford, Chief Judge.

Voter Registration

All voters shall register in accordance with the laws, rules and regulations of Prince George's County. Every person who is registered with the County Board of Elections and is a resident of the City of Laurel shall be entitled to vote in all City elections. To register to vote contact the Prince George's County, Board of Elections at 301-430-8020 or visit the website at www.princegeorgescountymd.gov or email at election@co.pg.md.us

Polling Locations *(Polls are open from 7:00 a.m. to 8:00 p.m.)*

Ward 1 Residents

Laurel Municipal Center
8103 Sandy Spring Road
Laurel, Maryland 20707

Ward 2 Residents

Robert J. DiPietro Community Center
7901 Cypress Street
Laurel, Maryland 20707

The City's website also includes a map with the Ward Boundaries and the Polling Location for each Ward at www.laurel.md.us.

Early Voting Location and Times *(Any registered voter who is qualified for this election can vote during early voting.)*

Laurel Municipal Center
8103 Sandy Spring Road
Laurel, Maryland 20707

Thursday, October 27, 2011 9:00 a.m. to 5:00 p.m.
Friday, October 28, 2011 9:00 a.m. to 5:00 p.m.
Saturday, October 29, 2011 9:00 a.m. to 7:00 p.m.



BREAKFAST WITH SANTA

Saturday, December 3

9:00 a.m.

Partnership Hall, Laurel Police Department Fifth Street

Santa Claus is coming to town and he wants you to be his special guest for breakfast. Enjoy a delicious hot meal and dance with special guests Frosty and Rudolph. Strolling carolers will provide live entertainment. Cost \$7.00 per person. Pre registration is MANDATORY.

HOLIDAY PARADE & ARMORY

ILLUMINATION

Saturday, December 3

4:00 p.m.

Celebrate the season with the annual holiday parade from the Municipal Center down Montgomery Street to the Laurel Armory where special guests Santa and friends will be on hand for picture opportunities. Don't miss musical entertainment while you await the lighting of the Armory Community Center.

The Mayor's Corner

There is always something fun and exciting going on in the City of Laurel! From special events to sports programs and recreational workshops to fitness sessions, the City's imaginative Department of Parks and Recreation once again presents its Fall Program Guide with a great variety of recreational choices for you and your family.

With two full-service Community Centers and beautiful parks all over the City, there's something for everyone, from youths to seniors! Explore and play in one of our parks! Challenge yourself with a new fitness routine!! Get creative or learn a new skill!!

I hope you'll take advantage of all the City of Laurel has to offer! I look forward to seeing you at one of our many fall and winter community events!



Craig A. Moe
Mayor



Robert J. DiPietro Community Center (RJDCC) or Laurel Armory Anderson-Murphy Community Center (LAAMCC)

CLASS#	DAY	WEEKS	START	TIME	FEE	
			DATE		R	NR

CHILDREN AND YOUTH CLASSES

BASKETBALL KIDZ - LAAMCC

Age 5-6

4689	Sat	6 wks	9/17/11	10:00-10:45 a.m.	\$40	\$45
4690	Sat	6 wks	11/5/11	10:00-10:45 a.m.	\$40	\$45

Have fun in this introduction to basic basketball. Dribbling, foul shooting and basic defense will be taught. Play and meet new friends. Beginner and experienced players welcome. **T-Shirt included in class cost.**

KIDDIE KICKS SOCCER - LAAMCC

Age 3-5

4691	Sat	6 wks	9/17/11	11:00-11:45 a.m.	\$40	\$45
4692	Sat	6 wks	11/5/11	11:00-11:45 a.m.	\$40	\$45

Have fun in this introduction to basic soccer. Play and meet new friends. Beginner and experienced players welcome. **T-Shirt included in class cost.**



KIDDIE KARATE - BEGINNER - RJDCC

Age 4-6

4693	Wed	12 wks	9/14/11	6:15-6:45 p.m.	\$40	\$45
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Beginning instruction of karate and the defensive art of Ju-jitsu. Develop strength, flexibility and coordination. Instruction by Klotz Institute of Karate.

KIDDIE KARATE II - BEGINNER - RJDCC

Age 4-6

4694	Wed	12 wks	9/14/11	6:45-7:15 p.m.	\$40	\$45
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Beginning instruction of karate and the defensive art of Ju-jitsu. Develop strength, flexibility and coordination. Previous completion of a Kiddie Karate course through our instructor required. Instruction by Klotz Institute of Karate.

YOUTH KARATE - BEGINNER - RJDCC

Age 7-13

4695	Wed	12 wks	9/14/11	7:15-8:15 p.m.	\$70	\$75
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Beginning instruction of karate and the defensive art of Ju-jitsu. Develop strength, flexibility and coordination. Completion of course will allow student to move to intermediate level. Instruction by Klotz Institute of Karate.

TUMBLING TOTS - RJDCC

Age 3-4

4696	Fri	6 wks	9/16/11	5:30-6:30 p.m.	\$60	\$65
4697	Fri	6 wks	11/4/11	5:30-6:30 p.m.	\$60	\$65

Introduction of basic muscle movements and beginning gymnastic skills. Focus is on body awareness and improving tumbling and balance abilities. Instruction by Jessica Albrecht.

CLASS#	DAY	WEEKS	START	TIME	FEE	
			DATE		R	NR



GYMNASTICS BASICS - RJDCC

Age 5-7

4698	Fri	6 wks	9/16/11	6:30-7:30 p.m.	\$60	\$65
4699	Fri	6 wks	11/4/11	6:30-7:30 p.m.	\$60	\$65

General development of core body strength, flexibility and endurance. Focus is on skill acquisition and confidence of movement. Instructed by Jessica Albrecht.

BEGINNING YOUTH GYMNASTICS - RJDCC

Age 8-11

4700	Fri	6 wks	9/16/11	7:30-8:30 p.m.	\$60	\$65
4701	Fri	6 wks	11/4/11	7:30-8:30 p.m.	\$60	\$65

Beginning gymnastics with skill work to include: tumbling and floor work. Focus on gross motor proficiency, sportsmanship and teamwork using a non-competitive approach. Instruction by Jessica Albrecht.

CREATIVE ADVENTURES - RJDCC

Age 4-5

4763	Tue	3 wks	9/13/11	4:00-5:00pm	\$20	\$25
4764	Tue	3 wks	10/11/11	4:00-5:00pm	\$20	\$25
4765	Tue	3 wks	11/1/11	4:00-5:00pm	\$20	\$25

Join your friends for fun with games, songs, arts and crafts, parties and more. A snack will be provided. There is a \$10 material fee payable to the instructor at the first class. Space is limited. Instruction by Ms. Carla.

AN ART EXPERIENCE - LAAMCC

Age 5-13

4702	Thur	6 wks	9/15/11	6:30-8:00p.m.	\$10	\$15
4703	Fri	6 wks	9/16/11	6:30-8:00p.m.	\$10	\$15
4704	Thur	6 wks	11/3/11	6:30-8:00p.m.	\$10	\$15
4705	Fri	6 wks	11/4/11	6:30-8:00p.m.	\$10	\$15

Join art instructor Edward Taylor for an artistic experience in painting, drawing, collage and mixed media. There is a \$15 material fee payable to the instructor.



E-MAIL ALERT

Give us your email and we will add you to our system to provide you up to date information about programs and weather cancellations. www.laurel.md.us

Dance Programs

JOYFUL MOTION DANCE CLASSES

Ages 2½ - Teen

The Laurel Community Dance Program, instructed by the staff of Joyful Motion, offers three progressive dance sessions throughout the school year culminating in a June dance concert for all students. (Costume/recital fee applicable.) An optional summer session is offered as well. Students new to the program should register according to age, whereas instructors will advise returning students of placement. Those with previous dance experience within another program should consult Joyful Motion Director, Miss Alycia. For more information about the program, dress requirements or general questions please contact **Alycia Carlson at Joyful Motion @ 410-696-2542 or consult www.joyfulmotion.com** As classes fill, new ones may be opened so please always leave your name and phone number

Fall Registration Begins

City Residents August 15

Non-residents August 17

Winter Registration Begins

Fall dance students priority registration begins

November 1

City Residents begins November 15

Non-Residents begins November 18

**WALK IN REGISTRATION ONLY,
NO MAIL IN REGISTRATIONS ACCEPTED**

TOT BALLET, TAP & TUMBLING - RJDCC –

11 weeks, \$90 City Resident, \$95 Non Resident

FALL

4735 9/15/11 Thurs 5:30 – 6:15 p.m.

WINTER

4736 12/8/11 Thurs 5:30 – 6:15p.m.

This class is structured to suit the needs of children who do not quite meet the requirements for our Pre Class. This is a class that is sure to have tiny toes tapping! Familiar tunes, props, and free flowing movement will make this a delightful experience for the littlest of tots. Any solid color leotards/tights, white buckle strap tap shoes and white leather ballet slippers required. Child must be 2yrs 6 months by 10/01/11.

Age 2½-3

PRE BALLET, TAP & TUMBLING - RJDCC –

11 weeks, \$90 City Resident, \$95 Non Resident

FALL

4737 Age 3-4 Sat 9/17/11 9:15-10:00 a.m.

4738 Age 4-5 Sat 9/17/11 10:00 - 10:45 a.m.

4739 Age 3-4 Tues 9/13/11 6:00 – 6:45p.m.

WINTER

4740 Age 3-4 Sat 12/10/11 9:15-10:00 a.m.

4741 Age 4-5 Sat 12/10/11 10:00 - 10:45 a.m.

4742 Age 3-4 Tues 12/06/11 6:00 – 6:45 p.m.

Especially geared for preschoolers, these classes approach dance in a playful manner. Movement to music and song is designed to emphasize rhythm, creativity, coordination and motor skill development while learning beginning dance skills to create an enjoyable experience for young dancers. New students must be the specified age by 10/1/11, be fully potty trained, and willing to enter the class to participate independently from parent. Any solid color leotard / tights, white buckle strap tap shoes and white leather ballet shoes required.

Age 3-5

Joyful Motion OPEN HOUSE

Saturday, August 27th 10a.m.-1p.m.

Stop in to register for our fall classes! Our dance director and/or instructors will be present to answer any questions you have about The Joyful Motion Dance Program. Last year's recital DVD will be shown & refreshments will be served. You can also purchase everything you need for the dance season in one stop! Leotards, tights, dance shoes and more can all be obtained through Joyful Motion and fitted properly by our qualified instructors during our open houses. **Please call 410-696-2542 for more information.**



ELEMENTARY BALLET, TAP, JAZZ & TUMBLING - RJDCC – Age 5-7

11 weeks , \$95 City Resident, \$100 Non Resident

FALL

4743 Age 5 -6 Sat 9/17/11 10:45 - 11:45 p.m.

4744 Age 6-7 Sat 9/17/11 11:45 - 12:45 p.m.

4745 Age 5 -7 Thur 9/15/11 6:30 – 7:30 p.m.

WINTER

4746 Age 5 -6 Sat 12/10/11 10:45 - 11:45 p.m.

4747 Age 6-7 Sat 12/10/11 11:45 - 12:45 p.m.

4748 Age 6-7 Thur 12/8/11 6:30 – 7:30 p.m.

These classes have an upbeat and energetic atmosphere where students will gain confidence and knowledge through ballet, tap, jazz and tumbling basics. Barre, center and across the floor movement will be incorporated each week. Fun activities and songs are used to keep the class relaxed and enjoyable. Students must be the specified age by 10/1/11. Any solid color leotard / tights, white buckle strap tap shoes and white leather ballet shoes are required.

LEVEL I BALLET, TAP & JAZZ - RJDCC -

Age 8+

11 weeks, \$110 Resident, \$115 Non Resident

Our Level I class is designed to give students age 8 and up a firm foundation in ballet, tap and jazz dance in a fun and upbeat environment. Emphasis will be on proper execution, technique, body placement and dance vocabulary. Upon completing a full year of Level I students may be invited into our Intermediate Levels Program which require instructor approval. Students must be the specified age by 10/1/11. Any solid color leotard / tights, tan low heel buckle strap tap shoes & white leather ballet shoes required.

FALL

4749 Age 8+ Sat 9/17/11 12:45 – 2:00 p.m.

WINTER

4750 Age 8 + Sat 12/10/11 12:45 – 2:00 p.m.

MORE CLASSES >>>

DANCE PROGRAMS - CONTINUED >>>

HIP-HOP DANCE - RJDCC -

Age 6-Teen

11wks. \$90 Resident / \$95 Non Resident

Learn the latest moves and grooves in this funky video / street style class set to popular yet appropriate music. Explore Hip Hop dance in an age appropriate way. Comfortable exercise clothing that moves with the body and solid black, low top athletic tennis shoes that are only worn to dance class are required. No jeans, street clothing or outside/street shoes. As the student progresses through each age level, previously learned skills will be refined and expanded upon. Students new to hip hop should register by age. Students must be the specified age by 10/1/11. All others with experience please contact Miss Alycia @ 410 696 2542 for placement.

FALL

4751	Age 6-8	Mon	9/12/11	6:00-6:45 p.m.
4752	Age 9-11	Mon	9/12/11	6:45 - 7:30 p.m.
4753	Age 12-Teen	Mon	9/12/11	7:30 - 8:15 p.m.

WINTER

4754	Age 6-8	Wed	12/5/11	6:00-6:45 p.m.
4755	Age 9-11	Mon	12/5/11	6:45 - 7:30 p.m.
4756	Age 12-Teen	Mon	12/5/11	7:30 - 8:15 p.m.

INTERMEDIATE BALLET, TAP & JAZZ - RJDCC -

Age 10+

11wks

\$110 Resident \$115 Non-Resident

Once a student has completed level 1 they may be eligible to join our Intermediate classes where they will continue to expand on previously learned skills while still enjoying the convenience of a combination class. More intricate steps and choreography will be explored. New students with previous dance experience please consult Miss Alycia. Students must be the specified age by 10/1/11. Tan low heeled buckle strap tap shoes, tan jazz boots and pink split sole ballet shoes required. Both classes below are by instructor approval only, so please call the Joyful Motion office before registering.

4757	Ages 10+	Tues	9/13/11	7:00 -8:15p.m. (By Instructor Approval Only)	Fall
4758	Ages 10+	Tues	12/6/11	7:00 -8:15p.m. (By Instructor Approval Only)	Winter

Robert J. DiPietro Community Center Preschool

CLASSES WILL MEET

(4-5 years old)

Session A - M/W/F - 8:30 am - 11:30 am

(3 years old)

Session B - T/TH - 8:30 am - 11:30 am

The Community Center preschool is a licensed program. All fees are due at the time of registration. Participants are given priority for next session. Participants will not be guaranteed space in the class after priority registration. Inoculation records must be received prior to attending classes (Forms are provided by the Laurel Dept. of Parks and Recreation). All participants must be toilet trained. Proof of age is required at the time of registration. City holidays are provided for in the schedule.

AGE REQUIREMENT

State of Maryland Kindergarten age requirements a child must be 3 years old by August 31, 2011 to enter the 3 year old class. A child must be 4 years old by August 31, 2011 to enter the 4 year classes.

FALL I

Session A - M/W/F

R - \$285	September	7, 9, 12, 14, 16, 19, 21, 23, 26, 28, 30
NR - \$300	October	3, 5, 7, 12, 14, 17, 19, 21, 24, 26, 28
	Closed	10/10 - Columbus Day

Sessions B - T/TH

R - \$205	September	6, 8, 13, 15, 20, 22, 27, 29
NR - \$220	October	4, 6, 11, 13, 18, 20, 25, 27
	Closed	9/14 - Election Day

PRIORITY REGISTRATION for FALL II 2011 is due by September 24, 2011. Open Registration for city residents begins on September 26, 2011 and September 28, 2011 for non residents.



FALL II

Session A - M/W/F

R - \$235	November	2, 4, 7, 9, 14, 16, 18, 21, 23, 28, 30
NR - \$250	December	2, 5, 7, 9, 12, 14, 16
	Closed	11/11 - Veteran's Day
		11/24 - Thanksgiving

Session B - T/TH

R - \$155	November	3, 5, 10, 12, 17, 19, 24
NR - \$170	December	1, 3, 8, 10, 15, 17
	Closed	11/1 - City Election
		11/24 - Thanksgiving
		12/19 - 1/2 Winter Break

PRIORITY REGISTRATION for Winter 2012 is due by November 26, 2011. Open registration for City residents begins November 28, 2011 and November 30, 2011 for non residents.

WINTER 2012

Session A - M/W/F

R - \$275	January	4, 6, 9, 11, 13, 18, 20, 23, 25, 27, 30
NR - \$290	February	1, 3, 6, 8, 10, 13, 15, 17, 22, 24
	Closed	1/16 - MLK Day
		2/20 - Presidents Day
		2/27-3/2 - Snow Make Up

Session B - T/TH

R - \$210	January	3, 5, 10, 12, 17, 19, 24, 26, 31
NR - \$225	February	2, 7, 9, 14, 16, 21, 23

PRIORITY REGISTRATION for Spring 2012 is due by January 28, 2012. The preschool program will not accept new students for the spring and summer sessions.

Robert J. DiPietro Community Center (RJDCC) or Laurel Armory Anderson-Murphy Community Center (LAAMCC)

CLASS#	DAY	WEEKS	START DATE	TIME	FEE	
					R	NR

TEEN AND ADULT CLASSES

HIGH SCHOOL AND COLLEGE PORTFOLIO

PREPARATION - LAAMCC

Age 14-17

4706	Mon	6 wks	9/12/11	6:30-9:00p.m.	\$15	\$20
4707	Mon	6 wks	11/7/11	6:30-9:00p.m.	\$15	\$20

Join art instructor Edward Taylor to help direct you in completing your art portfolio. This class is designed to focus on improving the students' art work for portfolio presentation. Ideal to help you attend that school you always dreamed of attending. Come and work in different materials to draw and paint. You will see a difference and progression in your art pieces once you have entered my session. There is a \$15 material fee payable to the instructor.

BEGINNING PILATES - RJDCC

Age 16+

4708	Tues	6 wks	9/6/11	6:30-7:30 p.m.	\$60	\$65
4709	Tues	6 wks	10/25/11	6:30-7:30 p.m.	\$60	\$65

With Pilates you learn to utilize and strengthen your powerhouse: deep abdominal muscles, oblique and lower back. Flow through a series of dynamic movements that restore balance to core muscles, lower back and abdominals. Beginners, intermediate and advanced are welcome. Bring your own mat. Instruction by Elaine Farr.

BEGINNING LOW IMPACT YOGA - LAAMCC

Age 16+

4710	Mon	6 wks	9/12/11	6:00-7:00 p.m.	\$60	\$65
4711	Mon	6 wks	11/7/11	6:00-7:00 p.m.	\$60	\$65

This is a beginner yoga class focusing on basic Yoga poses with an emphasis on improving balance, flexibility, core strength, and concentration. Breathing and relaxation techniques will be emphasized as well. No previous yoga experience necessary. Bring your own yoga/fitness mat. Instruction by Jen Yocum.

ADVANCED BEGINNER/INTERMEDIATE YOGA - LAAMCC

Age 16+

4712	Mon	6 wks	9/12/11	7:00-8:00 p.m.	\$60	\$65
4713	Mon	6 wks	11/7/11	7:00-8:00 p.m.	\$60	\$65

For those who already have experience with Yoga and are looking for a more vigorous practice slightly more advanced poses or sequences will be introduced. Some experience with Yoga is highly recommended. Bring your own yoga/fitness mat. Instruction by Jen Yocum.

CORE STRENGTH VINAYASA YOGA - LAAMCC

Age 16+

4714	Fri	6 wks	9/16/11	7:00-8:00 p.m.	\$60	\$65
4715	Fri	6 wks	11/11/11	7:00-8:00 p.m.	\$60	\$65

Get ready for high intensity yoga that kicks major asana! This class will focus on building core strength (abdominals and back), arm strength and balance to get you serious muscle definition. Strong beginners and up. Instruction by Jen Yocum.

MIXED LEVELS YOGA - LAAMCC

Age 16+

4733	Tues	6 wks	9/13/11	11:00-12:00 a.m.	\$60	\$65
4734	Tues	6 wks	11/1/11	11:00-12:00 a.m.	\$60	\$65

Everyone from beginners to more seasoned practitioners are welcome in this class that offers modifications of poses to address all levels of experience. Bring your own yoga/fitness mat. Instruction by Jen Yocum.

ULTIMATE ABS WITH BALL STRENGTH TRAINING - RJDCC

Age 16+

4716	Sat	6 wks	9/10/11	9:15-10:15 a.m.	\$55	\$60
4717	Sat	6 wks	10/29/11	9:15-10:15 a.m.	\$55	\$60

This class offers serious abdominal work. Create a strong, tone body by using the ball to work your abs and all major muscle groups. Also improve balance and posture as you get stronger. All levels are welcome and encouraged. Bring your own core exercise ball. Instruction by Trini Miguel, Certified Fitness Instructor.

CLASS#	DAY	WEEKS	START DATE	TIME	FEE	
					R	NR



TOTAL TONING - RJDCC

Age 16+

4718	Mon	6 wks	9/12/11	6:30-7:30 p.m.	\$55	\$60
4719	Mon	6 wks	11/7/11	6:30-7:30 p.m.	\$55	\$60

Classes will include a warm-up segment, muscle-specific exercises, abdominal work and stretching. Equipment used includes resistance bands and weights. Please bring your own equipment. There is no aerobic component. All levels are encouraged. Instruction by Trini Miguel, certified Fitness Instructor.

CARDIO BELLY DANCING - RJDCC

All Age

4720	Thur	6 wks	9/14/11	6:45-7:45 p.m.	\$60	\$65
4721	Thur	6 wks	11/2/11	6:45-7:45 p.m.	\$60	\$65

Get your hips moving in this class for beginners. Learn the basics as you get familiar with the Middle Eastern beats, strengthen your posture, tone your abs & increase your coordination. No experience necessary. Instruction by Amirah Selah.

KANGOO JUMPS- RJDCC

Age 16+

4722	Mon	6 wks	9/12/11	7:15-8:15 p.m.	\$70	\$75
4723	Mon	6 wks	11/7/11	7:15-8:15 p.m.	\$70	\$75

When was the last time you smiled on a treadmill? Kangoo Jumps is an exercise boot that feels like bouncing on a trampoline! Strap on a pair of Kangoos, equipped with springs on the bottom then hop, jog, and jump your way through this low impact workout while you watch your stamina and fitness level rise. Using Kangoo boots make cardio FUN again. You'll burn LOTS of calories, increase balance and coordination, while protecting your knees and joints from aches and pains. It's a quick way to increase your heart rate, burn body fat fast and get more muscle definition. Sixty minutes of FUN cardio using Kangoo Jumps will burn approximately 800 - 1500 calories! Bring a pair of long cotton socks. Boot purchase is not required. The boots are provided by the instructor but pre-registration is required. A boot rental fee of \$20 for the 6 week session is payable to the instructor on the first day of class. More questions about this class? Call Denise Pullet, Certified Kangoo Instructor at 240-429-6451.

ZUMBA - RJDCC

Age 16+

4724	Tue, Thur, Sat	6 wks (18 classes)	9/10/11	8:00-9:00 p.m., 8:00-9:00 p.m., 10:30-11:30am	\$90	\$95
4725	Tue, Thur, Sat	4 wks (12 classes)	11/3/11	8:00-9:00 p.m., 8:00-9:00 p.m., 10:30-11:30am	\$60	\$65

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. Achieve long term benefits while experiencing an absolute blast in one exhilarating hour of caloric-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! Instruction by Carol Ortiz.

MORE CLASSES >>>

FALL CLASSES - TEENS AND ADULTS CONTINUED >>>

CLASS#	DAY	WEEKS	START DATE	TIME	FEE R	NR
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ZUMBA - LAAMCC *NEW LOCATION* Age 16+						
4726	Mon, Wed	6 wks (12 classes)	9/7/11	6:15-7:15 p.m.	\$60	\$65
4727	Mon, Wed	5 wks (10 classes)	11/2/11	6:15-7:15 p.m.	\$50	\$55

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. Achieve long term benefits while experiencing an absolute blast in one exhilarating hour of caloric-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! Instruction by Carol Ortiz.

LOW IMPACT AEROBICS-RJDC **Age 18+**

Mon, Wed, Fri 7 wks 9/26/11 11:15 a.m.-12:15 a.m.						
4729	Two days a week				\$40	\$45
4728	Three days a week				\$60	\$65
Mon, Wed, Fri 7 wks 11/28/11 11:15 a.m.-12:15 a.m.						
4732	Two days a week				\$40	\$45
4730	Three days a week				\$60	\$65

Join your friends for an aerobic workout that get your heart beat going and is easy on your joints. Instruction by Bev Davis.

BIO-AEROBICS- RJDC **Age 16+**

Mon, Wed	7 wks (14 classes)	9/12/11	6:00-7:00 p.m.	\$59
Tues, Thurs	7 wks (14 classes)	9/13/11	6:15-7:15 p.m.	\$59
Mon, Wed	7 wks (14 classes)	11/7/11	6:00-7:00 p.m.	\$59
Tues, Thurs	7 wks (14 classes)	11/8/11	6:15-7:15 p.m.	\$59

Bio Aerobics, is a complete fitness program which conditions the cardiovascular system and tones and strengthens muscle groups through carefully choreographed, easy-to-learn dances. You burn fat and lose inches the fun and challenging way. If you love to dance and want to tone and strengthen your body, this is the class for you! Mat/floor exercise is included. For further information about Bio Aerobics classes, you may go to our website at www.bioaerobics.com or call 1-877-262-5175. Continuous Registration. Fees vary. Drop in rates available for all sessions.

CLASS#	DAY	WEEKS	START DATE	TIME	FEE R	NR
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PERINATAL TOTAL BODY CONDITIONING - LAAMCC Age 18+						
4759	Tues, Thurs	6 wks (12 classes)	9/13/11	1:00-2:00p.m.	\$100	\$105
4760	Tues, Thurs	6 wks (12 classes)	11/1/11	1:00-2:00p.m.	\$100	\$105

This program is designed to train the prenatal body for the event of childbirth and to help the postpartum body snap back into pre-pregnancy shape. Come enjoy low-impact cardio with strength and resistance training. Practice exercises that will prepare your body for the pushing phase of labor and aid in the recovery of your abdominal core muscles. A physician or midwife's consent is required prior to starting classes. Taught by birth doula and HealthyMoms Fitness® Advanced Perinatal Fitness trainer Cassie Pringle.

STROLLER BABES - RJDC **Age 18+**

4761	Thurs	6 wks	9/15/11	5:00-6:00p.m.	\$50	\$55
4762	Thurs	6 wks	11/3/11	5:00-6:00p.m.	\$50	\$55

No need for a babysitter! Moms, Dads, Au Pairs, Nannies, Grannies put your baby or toddler in the stroller and come out and walk or jog those excess pounds away. Stroller babes is for any caregiver who wants to exercise while bringing their young child along with them. Enjoy intervals of cardio, toning and stretching and walk or jog at a pace that suits you. For new mommies, it is recommended that you are at least 4-6 weeks post-partum prior to participation in this class. Taught by birth doula and HealthyMoms Fitness® Advanced Perinatal Fitness Instructor Cassie Pringle.



E-MAIL ALERT

Give us your email and we will add you to our system to provide you up to date information about programs and weather cancellations. www.laurel.md.us

Division of Senior Services

SENIOR CITIZENS PROGRAMS

(301) 776-6168 Administration, (301) 498-3384 Transportation, seniors@laurel.md.us

701 Montgomery Street, Laurel, Maryland 20707

Senior citizen programs and classes are scheduled at various locations in Laurel. These include the Laurel Armory, the Robert J. DiPietro Community Center, the Laurel Library and the Laurel Mall. The programs and services provided by the Department include recreation activities, educational classes, health-related services and transportation services.

Day trips are offered to local malls and points of interest in the Washington/ Baltimore, and Virginia/Pennsylvania

areas. The City of Laurel Transportation Program provides curb-to-curb service within the Laurel area Monday through Friday by appointment and requires a \$25 annual registration fee.

The Division of Senior Services provides a monthly calendar of classes, trips and events, which is available at all City facilities and the Stanley Memorial Library. For additional information, call (301) 776-6168 Monday through Friday from 9:00 a.m. to 4:00 p.m.



Weekend Teen Club

Ages 12-17

Friday 7:00–10:00 p.m. RJDC

Use your Teen Annual Pass card to join your friends for a variety of activities just for teens. The centers will be host to such activities as basketball, games, tournaments & food. NO daily drop in fees accepted, must have an annual pass.

Additional funding is provided by The Maryland-National Capital Park & Planning Commission.



YOUTH SPORT'S ALLIANCE

NEW!

The Department has partnered with several Youth Sports Organizations in the community. Check out these organizations if you are looking to get your child involved in youth sports

LAUREL HURRICANES - Pop Warner youth football and cheerleading organization for boys and girls ages 5 -15 years of age. **HURRICANES HOTLINE:** (301) 358-1515

LAUREL LITTLE LEAGUE- the Laurel Little League provides a fun and positive athletic experience for the youth of all ages. Laurel Little League is a chartered affiliate of Little League Baseball, Inc of Williamsport, PA. 301-725-5850

Teen Outdoors Club

Teen trips are offered to area teens in grades 9-12. All trips are on a first come, first serve basis and are subject to change or cancellation due to insufficient registration. For registration information and trip details, call (301) 725-7800 or come by the Recreation Department at 8103 Sandy Spring Road between the hours of 9:00 a.m. and 5:00 pm

Pre-registration and parental permission slips are required for all trips.

OCTOBER

Toby's Dinner Theatre – Baltimore
"DREAMGIRLS"

Dancing to the new beat of the countless girl groups like The Supremes, The Marvalettes, The Shirelles and The Temptations. Hear the story of singers making it from Harlem to Hollywood!

Date and Cost: TBA

NOVEMBER

Toby's Dinner Theatre – Baltimore
"ANNIE"

Annie and her adorable mutt "Sandy" is determined to find her parents who abandoned her at the orphanage. A fun-filled adventure with favorite songs, "HARD KNOCK LIFE" & "TOMMOROW"!

Date and Cost: TBA

DECEMBER

Dinner (Paid for on your own) at the **HARD ROCK CAFÉ** and an evening of entertainment and beauty touring "the National Christmas Tree and State trees" in our Nation's capital!

Date and Cost: TBA

JANUARY 27-29, 2012

Seven Springs Ski & Snowboard Weekend

Price will include: Chartered Bus, Deluxe Accommodations, Buffet Breakfasts and Dinner, and Lift ticket for entire weekend (Friday evening all day Saturday and Sunday till we leave!)

COST: TBA

LAUREL GAMING LOUNGE

Use your Youth/Teen pass and join your friends hanging out in the gaming lounge. Get your homework done then challenge yourself to a game in HD on one of the big screens with our PS3 or Wii. Look for special Teen and youth activities throughout the year.

Middle School Madness

Ages 9-13

Friday 6:00–9:00 p.m. LAAMCC

Use your Teen/ Youth Annual Pass to hang out all night long at the center. Play video games or watch movies in the gaming lounge, challenge your friends to a game of pool, ping pong or air hockey or shoot hoops in the gym.

Adult Drop In Programs



Ages 18 + unless otherwise indicated
ROBERT J. DIPIETRO COMMUNITY CENTER / YEAR ROUND

**Participation in a Drop in Program
 Requires One of the Following:**

Annual, Six or Three Month Admission Pass for unlimited participation.
 A Daily Admission Pass is required for a one-time participation.

VOLLEYBALL

Wednesday 7:30 p.m. - 9:00 p.m. RJDC

BASKETBALL

Saturday 9:00 a.m. - 1:00 p.m. RJDC
 Thursday 8:00 p.m. - 9:00 p.m. RJDC

Contact the Centers for additional drop in times

Open gym time is held at both the Robert J. DiPietro Community Center and the Laurel Armory Anderson Murphy Community Center based upon space availability. The department reserves the right to cancel or reschedule activities without notification. Call the centers or the recorded information lines for scheduled times.

Drop In programs are subject to change seasonally.



FREE GAMES CLUBS

**Robert J. DiPietro
 Community Center Games Club**

Thursdays — 6:00-8:45 p.m.

Innovative, challenging games for children, teens and adults . Games of all types such as Blokus, Carcassonne, Mencala, Lost Cities and more. Share your favorite or learn a new one! 301-776-2280 for information.

**Laurel Armory Community Center
 Yu-Gi-Oh! Club**

Tuesdays — 6:00-8:45 p.m.

Ages 8 and up, all levels of play, bring your own cards.

Anime Club

Wednesdays — 6:00-8:45 p.m.

Ages 8 and up. Enjoy your favorite anime with friends.



Youth & Teen After School Drop-in Programs

**ROBERT J. DIPIETRO COMMUNITY CENTER
 & LAUREL ARMORY ANDERSON MURPHY
 COMMUNITY CENTER**

All participants must purchase an annual admission pass. NO daily admissions will be accepted. Participants may enter and exit drop in programs at will. The drop in program is not a licensed school aged childcare program. Policies regarding the drop in program reflect the State of Maryland's Family Law Article. The Centers, on occasion, may close due to scheduling conflicts or inclement weather.

**Children Ages 6-7 Must be Accompanied by
 a Parent or Guardian**

Open Gym & Gameroom

Ages 8-12 Monday - Friday 3:30 – 4:30 pm RJDC, LAAMCC
Ages 13-17 Monday - Friday 4:30 – 5:30 pm RJDC, LAAMCC

Fall 2011 Leagues and Registration Dates

Basketball (Men's)

Early-Bird Registration Ends 08/27/11 *
Open Registration Ends 09/10/11*

RECREATIONAL MEN'S 5 on 5 BASKETBALL

Sundays beginning 09/25/11
 Game Times 12:00 p.m. - 9:30 p.m.
 City of Laurel Community Centers
 Franchise Fee \$550.00 per team* (through 8/27/11)*
 \$600.00 per team* (8/27-9/10/11)

TEAM PACKETS & SCHEDULES TO BE PICKED UP 09/21/11*

* Fall Basketball Team packets & schedules are to be picked up on Wednesday, September 21, 2011 between 10:00 am and 9:00 pm at the Robert J. DiPietro Community Center located at 7901 Cypress Street.

Check Out Our Sports Website

for up to date programs and current league information including standings, schedules, and more at:
www.laurel.md.us/content/adult-sports-activities

QUESTIONS?

E-mail the league commissioner at:
timv@laurel.md.us



Winter 2012 Leagues and Registration Dates

Basketball (Men's)

Early-Bird Registration Ends 12/17/11*
Open Registration Ends 01/14/12*

RECREATIONAL MEN'S 5 on 5 BASKETBALL (BEGINNER – INTERMEDIATE LEVEL)

Sundays beginning 01/22/12
 Game Times 12:00-9:30 pm
 City of Laurel Community Centers
 Franchise Fee \$550.00 per team (through 12/17/11)*
 \$600.00 per team (12/18/11-1/14/12)

TEAM PACKETS & SCHEDULES TO BE PICKED UP 01/18/12*

* Winter Basketball Team packets & schedules are to be picked up on Wednesday, January 18, 2012 between 10:00 am and 9:00 pm at the Robert J. DiPietro Community Center located at 7901 Cypress Street.

Adopt A Park Program

Do you have a green thumb? Would you like to help beautify or maintain the parks in your neighborhood? We would love to work with you through our Adopt A Park Program. Individuals, families, community and scout groups are welcomed to assist with Park enhancement projects. Call 301-725-7800 for details.



Community Center Admission Fees

Take a look at the many different ways you can pay to participate with the Laurel Department of Parks and Recreation.

ANNUAL ADMISSION PASS

	RESIDENT	NON RESIDENT
A. Adults 18-54 yrs. (includes Fitness Room)	\$110.00	\$ 185.00
B. Youth 8-17 yrs. With Fitness Room	\$ 10.00	\$ 30.00
16-17 yrs.	\$ 35.00	\$ 55.00
C. Sr. Citizen 55+ yrs. (includes Fitness Room)	\$ 72.50	\$110.00
D. Double 18-54 yrs. (includes Fitness Room)	\$150.00	\$265.00
E. Senior Double (includes Fitness Room)	\$ 92.50	\$150.00
F. Replacement Pass	\$ 5.00	\$ 5.00

6 MONTH ADMISSION FEES

A. Adults 18-54 yrs. (includes Fitness Room)	\$ 83.00	\$120.00
B. Sr. Citizen 55+ yrs.	\$ 59.00	\$ 77.50

3 MONTH ADMISSION FEES

A. Adults 18-54 yrs. (includes Fitness Room)	\$ 64.00	\$ 83.00
B. Sr. Citizen 55+ yrs. (includes Fitness Room)	\$ 49.50	\$ 59.00

DAILY ADMISSION FEES

A. Adults 18-54 yrs. With Fitness Room	\$ 3.00	\$ 6.00
With Fitness Room	\$ 4.00	\$ 7.00
B. 16-17 yrs Fitness Room Only with Annual Youth/Teen Pass	\$ 2.50	\$ 7.00
C. Sr. Citizen 55+ yrs.	\$ 2.50	\$ 7.00

DOG PARK ANNUAL MEMBERSHIP FEES

Yearly Membership	\$30.00	\$35.00
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ADMISSION - to the Community Centers entitles the participant to participate in both open gym and scheduled drop-in activities. Non-Resident rates will be charged unless Proof of Residency is provided.

PASSES ARE GOOD - at both the Laurel Armory Anderson-Murphy Community Center located at 422 Montgomery Street and at the Robert J. DiPietro Community Center located at 7901 Cypress Street. Rates subject to change. Passes must be presented at the front desk for entry, **NO EXCEPTIONS!**

WATCH CHANNEL 71 or 12

Tune into Channel 71 on Comcast or 12 on FIOS to find out what's happening in Laurel.



Registration Information

Walk-in and mail-in registration will begin on August 15, 2011 for City residents and August 17, 2011 for non-residents during operating hours at the Robert J. DiPietro Community Center & Laurel Municipal Center unless otherwise noted. Call the Department's Hit line at 301-725-1HIT or 301-497-NEWS for up to date program information. You must be registered to participate, unless a program listing states that no registration is required. Registration will be accepted through the first week of class if space is available. Registrations are not confirmed...go directly to the program unless you are notified about a problem processing your registration or the program is filled or canceled. The City of Laurel Department of Parks and Recreation welcomes the participation of individuals with disabilities into all programs. The City will fully comply with the American with Disabilities Act in making reasonable accommodations to encourage participation

Fees

Persons paying City of Laurel property taxes pay resident fees. Fees include materials unless otherwise noted. No fee reductions will be made for missed classes. **We are no longer able to accept discounts on contractual programs.**

Only Cash and Checks will be accepted by mail. The City is able to accept credit cards at the community centers, pools or the municipal center during operating hours. **\$10.00 minimum credit card charge.** Make all checks payable to: City of Laurel.

Scholarships are available for low income City resident families for some programs. The City also offers vouchers for low income City resident families that may be used towards recreation programs for children, youth and teens with other agencies. Contact the Department at 301-725-7800 for more information.

Hours of Operation

BEGINNING 5/31/11

Monday-Friday 9:00 a.m. - 9:00 p.m.
 Saturday 9:00 a.m. - 5:00 p.m.
 Sunday 9:00 a.m. - 4:00 p.m. LAAMCC ONLY

HOLIDAY HOURS SUBJECT TO CHANGE

Inclement Weather

Daytime classes, workshops & leagues are canceled if the snow emergency plan for Prince George's County is in effect by 9:00 a.m. Evening classes, workshops & leagues are canceled if the snow emergency plan for P.G. County is in effect at 4:00 p.m. City of Laurel officials retain the right to close facilities due to inclement weather. Call **301-725-1HIT** or **301-497-NEWS** for cancellation information due to weather conditions.

1HIT or 497-NEWS or go to Schoolsout.com for cancellation information due to weather conditions. Laurel Department of Parks and Recreation Web Site Visit the City of Laurel's web site at www.laurel.md.us

Laurel Department of Parks and Recreation Web Site

Visit the City of Laurel's web site at www.laurel.md.us

City of Laurel Facebook and Twitter

Follow us on Facebook at: <http://www.facebook.com/laurelmaryland> and Twitter at: <http://twitter.com/#!/cityoflaurel>

How to Kill a Good Program

Nothing kills a good program quicker than having everyone wait until the last minute to register. It takes a certain number of participants to justify offering a course, and if that minimum isn't reached, the course gets canceled. Signing up on the day of the activity won't resurrect it, so please...**REGISTER EARLY.**

To Accommodate Our New Software Program* A Family History Information Form must be completed in person prior to registering for any program.

MAIL IN CLASS REGISTRATION FORM

In registering myself and/or any member of my family for this program, I acknowledge that I/we will follow the rules of the program and hereby waive any or all claims, actions, suits or the like against the Mayor & City Council of Laurel as a result of this program.

Participant Signature, Parent/Guardian if under 18

- Persons paying City of Laurel taxes pay resident fees.
- Registration cannot be processed without all information provided.
- One Registration Form may be used for more than one program.
- Refunds will be made only if the program is cancelled.
- Confirmation will not be mailed. you will be notified only if the program is full or cancelled.
- Make checks payable to: **City of Laurel** • Mail registration to: 8103 Sandy Spring Road, Laurel MD, 20707

Participant _____ Sex _____ Date of Birth _____

Address _____ Phone (H) _____ (W) _____

City _____ State _____ Zip Code _____ Res _____ Non-Res _____

Guardian/Emergency Contact _____ Relationship _____ Phone _____

Under 18 years. Parent's name _____

Senior Adult

Method of Payment Cash Check# _____ Amount \$ _____

COURSE TITLE & NUMBER	START DATE	DAY	TIME	COST

Parks & Recreation Facilities

Laurel Municipal Center

8103 Sandy Spring Road, 301-725-7800
Administrative offices

Robert J. DiPietro Community Center

7901 Cypress Street, 301-497-0300
Gymnasium, Fitness Room, Multi Purpose Room, Game Room, Dance Room, Preschool

Laurel Armory Anderson & Murphy Community Center

422 Montgomery Street, 301-725-8088
Gymnasium, Lounge, Classrooms, Dance Room, Fitness Room, Conference Room, Gaming Lounge and Park Maintenance Facility

Granville Gude Park & Lakehouse

8300 Mulberry St., 301-490-3530
Group Picnic Pavilions, Comfort Station, Hiking Paths, Horseshoe Pits, Play Area, Boat Rentals, Stage and Snack Bar (seasonal)

Alice B. McCullough Field

8th & Montgomery Streets
Regulation Softball Fields, Comfort Station, Basketball Court, Outdoor Stage, Play Area & Lighted Tennis Courts , Walking Path

Sturgis/ Moore Recreation Complex

8th & Montgomery Streets
Soccer Fields, Comfort Station, Picnic pavilion, Play area & Lighted Parking

Roland B. Sweitzer Park

Sandy Spring Road
Multi-purpose Recreational Field, Playground and Walking Path

Cypress Street Athletic Fields

Cypress Street
Regulation Softball Fields, Play Area

Stephen P. Turney Recreation Complex

9801 Fort Meade Road
Lighted Regulation Softball Field

Laurel Municipal Pool (seasonal)

9th & Main Streets, 301-776-7419
Four Pool Complex, Snack Bar, Lockers, Club Room

Riverfront Park

Avondale Street
Picnic Pavilions with grills, Playground, Waterless Port-o-let, Hiker Biker Path

Leo E. Wilson Community Park

Van Dusen Road
Picnic Pavilion, Playground & Dr. Bruce Morley Dog Playground

Duniho/Nigh Community Park

Van Dusen Road
Tennis Court & 1/2 Court Basketball

Discovery Community Park

Greenview & Harrison Drive
State of the Art Playground, Picnic Pavilion, Waterless Port-o-let

Greenview Drive Pool Complex (seasonal)

14403 Greenview Drive, 301-604-4042
Main Pool, Wade Pool, Bathhouse, Picnic Pavilion & Adjacent Tennis Courts, Cabana Clubroom

Greenview Drive Cabana

14403 Greenview Drive, two meeting rooms that can be rented for one larger space. Small kitchen, gas fireplace and outdoor deck with country club views

To view Party Room and Outdoor Facility rental information log onto www.laurel.md.us Click on Department then Facility Rentals. If further information is needed, call 301-725-5300 ext.317 between 9:00 a.m. and 1:00 pm

City of Laurel



MAYOR

Craig A. Moe

CITY COUNCIL

Donna Crary
Michael R. Leszcz
Valerie Nichols
Janis L. Robison
Frederick Smalls



Laurel Department of Parks & Recreation
Laurel Municipal Center
8103 Sandy Spring Road • Laurel, MD 20707
(301) 725-7800 • (301) 725-1HIT • (301) 497-NEWS
www.laurel.md.us

CITIZENS ADVISORY COMMITTEES

PARKS AND RECREATION

Donna Crary, Council Representative
Eric Hoglund
Jhanna Levin
Susan Zwicker
Ben Gray

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